



ECOART CLASSES

Consumption Reduction & Wellbeing

CLIMATE CAFE



Facilitated therapeutic session to address climate anxiety and grief. In person, up to 8 people or on line 12. Rose has 10 years counselling experience including bereavement and loss. She has trained with the Climate Psychology Alliance. Based on Death Cafes. 1.5hrs

THE BIN AUDIT

How to take a bin Audit Demonstration, discussion and handy hints. Begin your zero waste journey with one of these. It's a great way to understand the waste you are creating, why, and helps identify where you can begin to make changes. 1.5hrs



BEESWAX WRAPS



*Make your own eco alternative to cling film and take home 3 wraps. We have trained over 1000 people with our tried and tested recipe. Participants will need a kit sent out beforehand if being delivered online. Can be delivered as a drop in too for large numbers. 2hrs
Age 12+*



UPCYCLE FURNITURE

Upcycle Furniture and learn repair and painting techniques. Breathe new life into a tired piece. Part 1- how to design, prepare and repair your furniture. Focus is on brush skills, flat finish, antiquing and contemporary pattern using tape. Part 2 Advanced Techniques. Stencilling, decoupage, gilding and ombre effects. 5hrs each part. Age 14+

INNER TUBES

Make Vegan Leather Junk Jewellery. Upcycle bicycle inner tube diverted from landfill into a bespoke wearable piece. Cuffs and cable tidies too. Must be able to use scissors. 2hrs+ Drop in is available for large numbers or events.



DECOUPAGE

Decoupage Tin Can Candle, suitable for age 5+. Decorate a tin can, then turn it into a candle. Great eco gifts. 1.4hr Also runs for adults, Decoupage Wall Art using 2nd hand picture frames, boxes or pre cut blocks 2hrs



ECO PRINTING

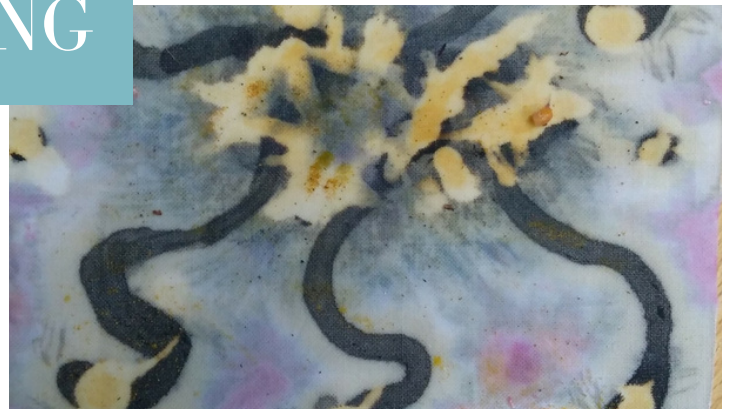
Eco Print onto fabric with kitchen ingredients. Use ingredients you have in your kitchen cupboards to add design and colour to cloth. or to make low impact gifts. Can be delivered on line with a kit sent out prior. 2hrs.

Eco Print with foraged leaves, berries and flowers. Upcycle a tired t-shirt using the Bundle & Steam method to capture colour. The WOW reveal brings bonus joy. A great way to upcycle clothing. Family friendly outdoor session and on line available with a kit sent out prior. 2hrs. Add time for a forage if required. Family friendly



FABRIC BLEACHING

Textile Bleaching Techniques. 2hrs. Use household bleach to add pattern, words and effects onto clothing. A great way to breath new life into items, hide stains and make them last longer.





DIY BODY CARE

Make you own natural products free from nasty chemicals and plastic. Learn about healing herbs and oils and how to make botanical infused oils. Try a nourishing moisturiser, whipped body butter, lip balm, cleanser, solid shampoo and deodorant. Recipe sheet included. Time varies depending on number of products made. Samples to take home. 1.5hrs+

DIY HOME CARE

Learn how to make an all purpose citrus cleaning spray, toilet bombs and soap nut tea- a natural laundry detergent, surface cleaner and shampoo, 100% organic and zero waste Recipe sheet included and samples to take home. 1.5hrs



FACIAL CLEANSER

MYO Make-up Removal Pads & Cleansing Balm. Upcycle and hand sew fabric rounds (suitable for beginners.) Includes a demonstration of cleanser making and a sample to take home 1.45hrs. Learn to hand sew



BAG FOR LIFE

Make your own bag for life, upcycling curtains and pillowcases. Beginner learn sewing machine skills or as a refresher. Sew straight lines, reverse, corners, free style, finish seams and add a pocket. Mark out and cut a simple pattern, then personalise and embellish with buttons, fabric flowers and shapes, and pocket 3hrs. Age 12+

UPCYCLE & REPAIR

Bring your clothes to upcycle, repair, alter, copy or refashion. You can create a new garment or accessory, repair or copy an old favorite or alter something that's ill fitting. An experienced upcycler will be there to support you with your own project. Access to equipment & tools. Family friendly



MORE SEWING



Some of the upcycling classes available that use preloved clothing and textiles. MYO Produce Bags. Extreme patching. Festival Bustle, Door draft excluder. Shirt transformation. Jumper to Cardigan, Hat and Wrist Warmers. Scrappy Cuffs. Bucket Hat. Bespoke classes available



JEWELLERY

Jewellery repair, upcycle and design. Bring your broken and unwanted jewellery for a fun upcycle. Design new pieces, repair old ones. Learn to use the small hand tools and findings needed.

DOTTY ART

Mindful Dotty Art for Wellbeing. A personal meditative journey to unlock creativity. A safe place for nurturing intuitive process, this is both healing and beautiful, You will leave with a new skill for relaxation, an uplifting sense of achievement, a quietened mind and an astonishing piece of upcycled art. Stress Busting. Sustainable gift making. No experience needed.

1.15 hrs on line or 1.45 in person



RUBBISH GAMES



Play and get creative with everyday household rubbish and make your very own Super Shiny Spinner to take home. There's pens, broken jewellery, bottle tops and DVDs to bring the magic. After practising your spinning moves, enter The Arena for a Spinning Match. Be inspired, have fun and become a champion eco-warrior. Suitable for all ages and groups

SANITARY PADS

Make your own made to measure sanitary pads with fabric easily found at home. Easy machine sew. Take home a completed pad and patterns for other sizes. Sustainable living

T-SHIRTS

Group session to upcycle t-shirts. This is a made to fit collection. It can be as a no sew, hand or machine sew. No experience needed. Suitable as a learn to sew class for 8+ with adult. Examples are Celtic Knot Headband, Bag for Life, Dog Toy, Braided Cuff, Necklace, Coaster, Skirt, Waterfall Cardigan, Pillowcase, Scrappy Wreath, T-shirt yarn making, 1.5 million go to landfill in Scotland annually.



ABOUT ECOART

EcoArt is a grassroots charity supporting climate and social justice. We hope to involve you with art and creative pursuits that are a positive response to over-consumption, pollution and waste. We embrace ART to help us transition to environmental sustainability.

*We are happy to create new and bespoke programs and to deliver online where possible
Class costs are usually 1.5-2.5 hours, £150-
£220 3-5 hrs £225-450*

SW Scotland based
info@ecoartcharity.org
+447526605022

'LAND'

Signals to the World

An art project to explore and collect environmental sentiment from Scottish coastal communities.

Flags are being used to communicate and give voice to your hopes, fears and visions for the future.

Nithraid , Dumfries 2022



FLAG DESIGN & MAKE



Accessible climate conversation and action. Design a flag and make a painted fabric one that signals your message. It will join all the other flags flying together at events, carrying a spectacular and powerful environmental message.



HOW TO JOIN IN

You can host a drop-in session to design a flag - suitable for events. Have a 'LAND' artist host a 45-1hr group design session or a half day session to design and paint a flag. An on-line hosted session or download the design pack.

Please send us copies of your designs so that they can be added to the archive, capturing this pivotal time in history. <https://www.ecoartcharity.org/Flag-Design-Pack>